

— April 2024 —

SECC Newsletter



IMPORTANT DATES AND REMINDERS!

- April 3rd 5:30-6:30pm:
Hop into Kindergarten!
Join us for this meet and greet at Longfellow Elementary for Kindergarten-bound kiddos.
- April 3-4th: School Photos!
- Thanks to our volunteers!
- April is National Child Abuse Prevention Month!
Join us for a Family Event at the Boys and Girls Club on April 24th from 4:30-5:30pm!
- April 27th: Earth Day!

Principal's Corner

Theresa Gilson

April is here and with it comes planning for enrollment for next year! Staff are working to support families to register for kindergarten or to prepare for another year at ECC. If your child will be in their final year of preschool (4 years old), please be sure you have updated your Universal Preschool Application to help us fund your child's spot at ECC. I sent an email with the link, and of course, I am happy to resend if necessary. If you have any questions about enrollment or transition, please connect with either Sheri or Heather at the front desk. We also have some wonderful community visitors this month from music with Lynette to the Creede Repertory Theater. Watch for pictures of these exciting happenings in your child's classroom newsletter. Just another reminder to be sure to send warm clothes each day with your child as we will continue to play outside and enjoy this snowy weather! As always, let us know if you need a warm coat, boots, etc. Lastly, please be sure to download the Salida School District App as this is the fastest way to notify families of closures. Staff enjoyed a restful Spring Break, and we are thrilled to be back with your children! As always, please reach out if you need anything and happy spring!



Summer Child Care Options



We know there are not many options for summer child care in our community!!

If you would like to share your contact info with other parents at our Center to establish child care trades, please sign up at the front desk. SECC will not facilitate or organize any child care solutions. We will copy the list and distribute it at the end of the school year.

ALL SCHEDULES AND ARRANGEMENTS MADE BETWEEN FAMILIES WILL BE THE SOLE RESPONSIBILITY OF THOSE FAMILIES AND NOT THE SALIDA EARLY CHILDHOOD CENTER!

 **Cavity Free by Three!!**
Sign up at the front desk!
April 9-10th in the conference room!

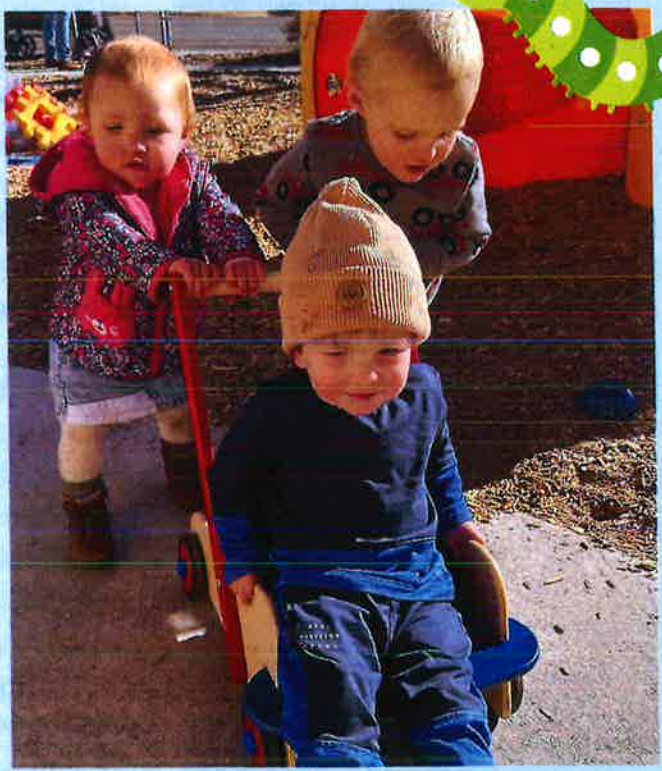
April is Child Abuse Prevention Month!

April is National Child Abuse Prevention Month. This initiative is rooted in communities working together to serve children and their families in meaningful, impactful ways that provide families what they need to thrive through both calm and challenging times.

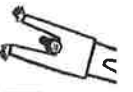
Each year, we educate and raise awareness about the impact child abuse has on children and society. Providing information about best practices that are known to build parental capacity through protective factors is key in helping families become more resilient.

To make child abuse less likely to occur, we need to invest in our community and our families. In Chaffee County, consider partnering with family and strength-based focused organizations and programs.

All children deserve to grow up in safe, supportive environments. This National Child Abuse Prevention Month, help make this possible by supporting families and spreading the word about the importance of child abuse prevention.



Active April 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

8 Give your body a boost by laughing or making someone laugh

9 Turn your housework or chores into a fun form of exercise

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Plant some seeds and encourage growth

18 Try out a new exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

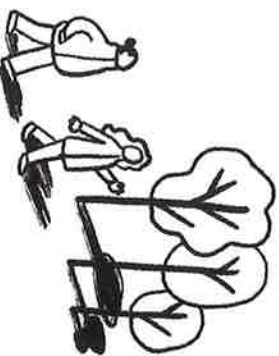
27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat



29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

NEED ONE TOOL TO CHECK MULTIPLE BENEFIT PROGRAMS?

Meet MyFriendBen

In less than 10 minutes, MyFriendBen helps individuals and organizations understand the resources, like public benefits, tax credits and nonprofit programs, that are available to families so they can make a plan and get started.

FEATURES

- Near 50 benefits, tax credits & resources for immediate needs
- Individualized benefit report by text, URL, or email
- Tailored application assistance from local and virtual partners
- Fast, anonymous, and judgment-free

EARLY FINDINGS

- **Helpful:** 46% of households applied for a new benefit after using MyFriendBen
- **Impactful:** Those who apply receive \$1,500 - \$2,500 annually
- **Fast and accurate:** Reduces hours of benefits research to minutes while maintaining 91% accuracy
- **Informative:** Shines a light on lesser-known programs like reduced-cost internet access and phone discounts

FEATURED PARTNERS

- 2-1-1 Colorado
- Benefits in Action
- Colorado Community Managed Care Network
- Jefferson County Human Services
- Policy Engine

SEAMLESS INTEGRATION

Increase the impact of a personalized benefit estimate by integrating MyFriendBen within your website, appointment booking system, text messaging platform, or CRM. The tool can flexibly fit in your system with minimal impacts to staff.



Visit:
myfriendben.org



IN PARTNERSHIP WITH
myfriendben





CHAFFEE HOUSING TRUST
A Commitment to Community

AFFORDABLE HOMES AVAILABLE IN SALIDA

West End Project

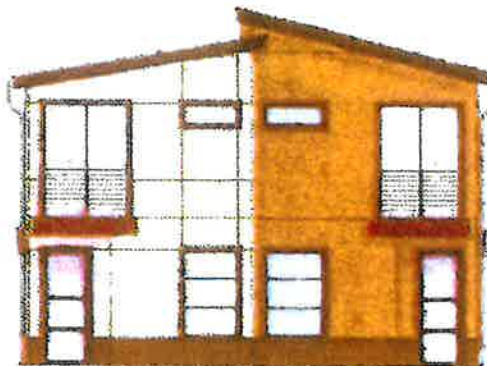
\$225,000
(80% AMI)

\$305,000
(100% AMI)

Homebuyer Counseling and
Mortgage Assistance included

99%
FINANCING
AVAILABLE

Hablamos Español



719-239-1579

www.chaffeehousing.org | info@chaffeehousing.org

Please share this information and the flyer attached with community partners, friends, or anyone else you think would be interested.

Homes available in August! We're now accepting applications for our new affordable units in Salida. The West End project consists of three duplexes on a new development with a mix of homes. Six 2-bedroom, 1.5-bathroom units with fully equipped with appliances, site parking, storage, walking/biking close by and safe access to town. Located on CR 140. Different from other projects, there will be 5 units at 80% AMI and 1 unit at 100% AMI.

Household Size	Maximum Income (80% of AMI)	Maximum Income (100% of AMI)
1	\$48,720	\$60,900
2	\$55,680	\$69,600
3	\$62,640	\$78,300
4	\$69,600	\$87,000
5	\$75,200	\$94,000
6	\$80,800	\$101,000

We recommend families apply to the homeownership program in advance to secure a spot on the homebuyer list. I work with all families to help them become "homebuyer-ready," which means getting everything in line to apply for a mortgage or what to do to get ready (address debt, credit, etc.). Interested applicants must meet the CHT program and income qualifications.

For more information about the qualification process, check our website at www.chaffeehousing.org or contact me directly at claudia@chaffeehousing.org



APRIL 2024 WORKSHOPS

Thursday, April 18, 2024 - Cañon City

UAACOG, 3224-A INDEPENDENCE RD.

9:00 AM - 10:30 AM Renters Workshop

Tenants and landlords will get an understanding of their rights and responsibilities.

12:00 PM - 4:00 PM Homebuyer's Workshop

The workshop takes participants through the home buying process from loan application to loan closing and life as a homeowner. Lenders such as CHFA, Rural Development, and others require that borrowers participate in this type of training.

Wednesday, April 24, 2024 - Salida

COLORADO MOUNTAIN COLLEGE, 349 E. 9TH ST. ROOM 104

9:00 AM - 10:30 AM ID Theft & Consumer Fraud

Gain understanding of ID theft and consumer fraud scams, how to protect yourself, and how to recover if you are victimized.

12:00 PM TO 4:30 PM Manage Your Money Workshop

This workshop teaches participants to take control of their money by: learning how to create a household budget, developing a strategy for increased credit scores and savings, and minimizing debt.

THE WORKSHOPS ARE FREE AND OPEN TO THE PUBLIC.

RESERVATIONS ARE REQUIRED.

CALL 719-269-7687 TO REGISTER.